## Jerrabomberra Residents Association Inc.

#### Working for the Jerrabomberra community since 1990

The Jerrabomberra Residents Association Inc. (JRA) represents the interests of the Jerrabomberra community at the local, state and federal level in relation to issues directly affecting the Jerrabomberra community.

Jerrabomberra residents are kept informed of JRA activities and achievements via our community notice board and quarterly JRA Newsletter.

The JRA meets on the 4th Wednesday of every month at the Jerrabomberra Community Centre, all residents are welcome to attend. To join the JRA, pick up an application form, available from our community notice board outside the Woolworth's entrance at the Jerrabomberra Shopping Centre.



### **Queanbeyan Community Walks** an initiative of Queanbeyan City Council - Healthy Communities and Queanbeyan Land Care.

Queanbeyan Community Walks aim to embrace community, heritage, culture, economy and the environment through the establishment of supportive environments for physical activity, education and tourism – lead by community initiatives that create cooperation and stewardship opportunities.

Queanbeyan City Council is in the process of developing other 'Get On Track!' community walks.

#### Jerrabomberra Pram Walking Group

The Jerrabomberra Pram Walking Group aims to promote fitness and provides an opportunity for mothers and their babies to socialise.

The Jerrabomberra Pram Walking Group meets every Monday outside the Jerrabomberra Community Centre at 9.30am for an hour-long walk lead by a qualified fitness instructor. The activities are for parents with children who are confined to a stroller or pram. The walks follow various paths around the suburb and are a great way to meet other new parents while getting some exercise. A community health nurse is also in attendance to answer parents' questions. This activity is free and is supported by the Queanbeyan City Council Healthy Communities Project and the Greater Southern Area Health Service.



#### Explore and enjoy

# Jerrabomberra Paths











Joint Jerrabomberra Residents Association and Queanbeyan City Council Project





www.qcc.nsw.gov.au QUEANBEYAN CITY COUNCIL Country Living - City Benefits

